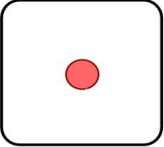
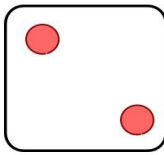
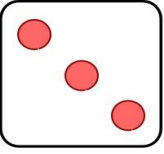
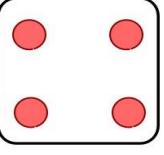

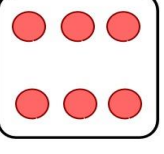


INDOOR ACTION

Dobbelsteen

	<i>Oefening:</i>	<i>Aantal:</i>
	2x Push-up	
	5x Jumping Jacks	
	5x Squats	
	2x Burpees	
	4x Lunges	
	Vrije keuze	